


















# ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>MORRISTOWN POST ACUTE NURSING &amp; REHABILITATION CENTER            77 Madison Avenue   Morristown, NJ   07960</p> <p><b>Floor Activity Calendar of Events</b>  <b>March 2023</b>  <i>*Programs and locations are subject to change</i></p>							
		<p>WOMEN'S HISTORY MONTH</p> 	<p>10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Bingo Marathon (DR)            3:00 <b>Gardening Club (2<sup>nd</sup> Fl)</b>            4:00 Prayer Group (DR)</p> 	<p>10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Art &amp; Crafts (DR)            3:00 Pokeno            4:00 Room Visit            6:00 Bingo (DR)</p>	<p>10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 <b>Movie Matinee (DR)</b>            3:00 Word Search            4:00 Room Visit</p> 	<p>10:00 Coffee &amp; News            11:00 Manicures (DR)            2:00 Bingo (DR)            3:00 Rosary (DR)            4:00 Room Visit</p>	
<p>10:00 Mass (DR)            10:30 Coffee &amp; News            11:30 Bingo (DR)            2:00 Bingo (DR)            4:00 Room Visit</p>	<p>5 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Catholic Mass (DR)            3:00 <b>Music with Brielle</b>            4:00 Room Visit</p> 	<p>6 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Manicures (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Board Games            6:00 Bingo (DR)</p>	<p>7 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>Smoothie Day with your dieticians (DR)</b>            3:00 <b>Gardening Club (2<sup>nd</sup> Fl)</b>            4:00 Prayer Group (DR)            National Registered Dietician Day</p> 	<p>8 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 <b>Baking Pizza (DR)</b>            3:00 Pokeno            4:00 Room Visit            6:00 Bingo (DR)</p> 	<p>9 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>Movie Matinee (DR)</b>            3:00 Trivia            4:00 Room Visit</p> 	<p>10 10:00 Coffee &amp; News            11:00 Manicures (DR)            2:00 Bingo (DR)            3:00 Rosary (DR)            4:00 Room Visit</p>	
<p>10:00 Mass (DR)            10:30 Coffee &amp; News            11:30 Bingo (DR)            2:00 Bingo (DR)            4:00 Room Visit</p>	<p>12 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Catholic Mass (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Room Visit</p>	<p>13 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Manicures (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Board Games            6:00 Bingo (DR)</p>	<p>14 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Bingo Marathon (DR)            3:00 <b>Gardening Club (2<sup>nd</sup> Fl)</b>            4:00 Prayer Group (DR)</p> 	<p>15 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>March Madness Basketball (L)</b>            3:00 <b>Marathon Word Search (DR)</b>            4:00 Fresh Air Fun            6:00 Bingo (DR)</p> 	<p>16 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 <b>St. Patrick's Day Party Ft. Marcello's Music (DR)</b>            4:00 Room Visit</p> <p>St. Patrick's Day </p>	<p>17 10:00 Coffee &amp; News            1:00 Manicures (DR)            2:00 Bingo (DR)            3:00 Rosary (DR)            4:00 Fresh Air Fun</p>	
<p>Daylight Saving Time</p>	<p>19 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Catholic Mass (DR)            3:00 Arts &amp; Crafts (DR)            4:00 Room Visit</p>	<p>20 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Manicures (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Board Games            6:00 Bingo (DR)</p> <p>Spring Have Sprung!!!              Happy First Day of Spring</p>	<p>21 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Manicures (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Board Games            6:00 Bingo (DR)</p>	<p>22 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Bingo Marathon (DR)            3:00 <b>Gardening Club (2<sup>nd</sup> Fl)</b>            4:00 Prayer Group (DR)</p> 	<p>23 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 <b>Clay with Lisa (DR)</b>            3:00 Pokeno            4:00 Room Visit            6:00 Bingo (DR)</p> 	<p>24 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>Movie Matinee (DR)</b>            3:00 Word Search            4:00 Room Visit</p> 	<p>25 10:00 Coffee &amp; News            11:00 Manicures (DR)            2:00 Bingo (DR)            3:00 Rosary (DR)            4:00 Fresh Air Fun</p>
<p>10:00 Mass (DR)            10:30 Coffee &amp; News            11:30 Bingo (DR)            2:00 Bingo (DR)            4:00 Room Visit</p>	<p>26 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Catholic Mass (DR)            3:00 Jigsaw Puzzles (DR)            4:00 Fresh Air Fun (P)</p>	<p>27 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 Manicures (DR)            3:00 <b>Resident Council/Food Committee (DR)</b>            4:00 Board Games            6:00 Bingo (DR)</p>	<p>28 10:00 Coffee &amp; News            1:00 Chair Yoga (DR)            2:00 Bingo Marathon (DR)            3:00 <b>Gardening Club (2<sup>nd</sup> Fl)</b>            4:00 Prayer Group (DR)</p> 	<p>29 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>Resident Birthday Celebration (DR)</b>            3:00 Pokeno            4:00 Fresh Air Fun (P)            6:00 Bingo (DR)</p> 	<p>30 10:00 Coffee &amp; News            1:00 Meditation Yoga (DR)            2:00 <b>Movie Matinee (DR)</b>            3:00 Word Search            4:00 Fresh Air Fun (P)</p> 	<p>31</p> 