

Weekly Menu at a Glance

SUN

MON

TUES

WED

THURS

FRI

SAT

Breakfast:Regular/Liberalized

Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Scrambled Eggs	Pancakes	Cream of Wheat	Cheesy Scrambled Eggs	Fresh Apple Slices	Scrambled Eggs	Banana
Bacon	Sausage Patty	Banana	Eggs	French Toast	Sausage	Western Scrambled
Blueberry Muffin	Milk	Bacon Frittata	Coffee Cake	Bacon	Corn Muffin	Eggs
Milk	Hot Coffee	Wheat Toast.	Milk	Milk	Milk	Toast.
Hot Coffee	Oatmeal	Milk	Hot Coffee	Hot Coffee	Hot Coffee	Milk
Cream of Wheat		Hot Coffee	Oatmeal	Cream of Wheat	Oatmeal	Hot Coffee
Cereal			Fruit Cocktail	Cereal		Oatmeal

Lunch:Regular/Liberalized

Chicken Salad	Minestrone Soup	Baked Ziti w/ Meatsauce	Italian Wedding Soup	Tomato Soup	Chicken Noodle Soup	Sloppy Joe on a Bun
Sandwich	Philly Steak	Garlic Bread	Baked Tilapia	Tuna Salad	Cheese Ravioli w/Sauce	Milk
Coconut Cream Pie	Sandwich on a Bun	Apple Pie	Chilled Peaches	Sandwich.	Dinner Roll/Bread	Hot Coffee
Milk	Milk	Milk	Milk	Orange Wedges	Spice Cake w/ White Frosting	Buttered Carrots
Hot Coffee	Hot Coffee	Hot Coffee	Hot Coffee	Milk	Milk	Fruit Cocktail
Saltine Crackers	California Blend	Side Tossed Salad (w/ Dressing, Tomato, Cucumber)	Macaroni & Cheese	Hot Coffee	Hot Coffee	
Potato Salad	Seasonal Fruit		Mixed Vegetables	Marinated Green Bean Salad	Broccoli Florets	
Three Bean Salad						

Dinner:Regular/Liberalized

Pasta with Meatsauce	Apple Glazed Sliced Ham.	Cream of Mushroom Soup	BBQ Pork Ribette Sandwich	Cheese Pizza	Fish Sticks.	Rotisserie Chicken
Tossed Salad w/Dressing	Mashed Potatoes	Oregano Chicken	Tator Tots	Fruit Cocktail	Baked Sweet Potatoes	Buttered Noodles
Garlic Bread	Collard Greens	Spanish Rice & Beans	Creamy Coleslaw	Milk	Calico Coleslaw	Capri Vegetable Blend
Pineapple Tidbits	Dinner Roll/Bread	Capri Vegetable Blend	Chocolate Brownie	Hot Coffee	Milk	Butterscotch Pudding
Milk	Chocolate Chip Cookie	Fresh Fruit	Milk	Side Tossed Salad (w/ Dressing, Tomato, Cucumber)	Hot Coffee	Milk
Hot Coffee	Milk	Milk	Hot Coffee	Oatmeal Cream Pie	Oatmeal Cream Pie	Hot Coffee
	Hot Coffee	Hot Coffee				



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Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Ham, Egg and Cheese Scramble	French Toast	Western Scrambled Eggs	Pancakes	Coffee Cake	Cheesy Eggs	Chilled Peaches
Milk	Bacon	Eggs	Sausage Patty	Scrambled Eggs	Wheat Toast.	Bacon Frittata
Hot Coffee	Milk	Toast.	Milk	Milk	Milk	Milk
Hashbrown	Hot Coffee	Milk	Hot Coffee	Hot Coffee	Hot Coffee	Hot Coffee
Oatmeal	Cream of Wheat	Hot Coffee	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
	Cereal	Oatmeal	Cereal		Cereal	
	Homemade Peach Preserves		Banana		Home Fries	
					Orange Wedges	

Lunch:Regular/Liberalized

Veal Marsala	Minestrone Soup	Chicken Noodle Soup	Cream of Broccoli Soup	Vegetable Soup	Crab Cakes	Turkey Salad
Dinner Roll/Bread	Chicken Salad	Soup	Soup	Lemon Chicken	Lemon Cake	Sandwich
Apple Pie	Sandwich	Baked Tilapia	Cheese Pizza	Dinner Roll/Bread	Milk	Chocolate Chip
Milk	Strawberry Ice Cream	Dinner Roll/Bread	Mandarin Oranges	Fruit Cocktail	Hot Coffee	Cookie
Hot Coffee		Apple Crisp	Milk	Milk	Noodles.	Milk
Rice	Milk	Milk	Hot Coffee	Hot Coffee	Broccoli Florets	Hot Coffee
California Blend	Hot Coffee	Hot Coffee	Sauteed Garlic Spinach	Penne Pasta		Pasta Salad
	Creamy Coleslaw	Rice Pilaf		Oriental Vegetable Blend		Dixie Coleslaw
		Buttered Carrots				

Dinner:Regular/Liberalized

Hot Dog on a Bun	Beef Pot Pie	BBQ Pork Ribette	Hamburger on a Bun	Battered Pollock	Tomato Soup	Spaghetti & Meatballs
Baked Beans	Spiced Peaches	Sandwich	Macaroni Salad	Fish Fillet	Grilled Cheese	Meatballs
Sauerkraut	Milk	Cheesy Mashed Potatoes	Creamy Cucumber & Onion Salad	Potato Wedges	&Tomato Sandwich	Normandy Vegetabl Blend
Pineapple Tidbits	Hot Coffee	Prince Edward blend	Sherbet	Confettie Coleslaw	Glazed Carrots	Seedless
Milk	Side Tossed Salad (w/ Dressing, Tomato, Cucumber)	Chilled Pears	Milk	Peach Pie	Fresh Fruit	Watermelon
Hot Coffee		Milk	Hot Coffee	Milk	Milk	Milk
		Hot Coffee		Hot Coffee	Hot Coffee	Hot Coffee



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Scrambled Eggs	Chilled Peaches	Banana	Scrambled Eggs	French Toast	Coffee Cake	Ham, Egg and
Blueberry Muffin	Western Scrambled	Pancakes	Wheat Toast.	Bacon	Scrambled Eggs	Cheese Scramble
Milk	Eggs	Sausage Patty	Milk	Milk	Milk	Milk
Hot Coffee	Toast.	Milk	Hot Coffee	Hot Coffee	Hot Coffee	Hot Coffee
Cream of Wheat	Milk	Hot Coffee	Hashbrown	Cream of Wheat	Oatmeal	Cream of Wheat
Cereal	Hot Coffee	Cream of Wheat	Oatmeal	Cereal		Cereal
	Oatmeal	Cereal				Hashbrown
						Banana

Lunch:Regular/Liberalized

Honey Dijon Chicken	Italian Wedding	Minestrone Soup	Tomato Soup	Corn Chowder Soup	Chicken Noodle	Sloppy Joe on a Bun
Dinner Roll/Bread	Soup	Homestyle Meatloaf	Macaroni & Cheese	BBQ Chicken Thigh	Soup	Diced Pears
Spice Cake	Cheese Pizza	Dinner Roll/Bread	Red Velvet Cake	Tropical Fruit Salad	Battered Pollock	Milk
Milk	Mandarin Oranges	Pineapple Tidbits	Milk	Milk	Fish Fillet*	Hot Coffee
Hot Coffee	Milk	Milk	Hot Coffee	Hot Coffee	Banana Pudding	Baked Beans
Rice	Hot Coffee	Hot Coffee	Capri Vegetable	Yellow Rice	Milk	Chopped Broccoli
Capri Vegetable	Tossed Salad	Mashed Potatoes	Blend	Summer Blend Vege	Hot Coffee	Florets
Blend	w/Dressing	Sliced Carrots			Roasted Red	
					Potatoes	
					Vegetable Medley	

Dinner:Regular/Liberalized

Hamburger on a Bun	Pepper Steak w/	Chicken Tenders	Pork Stir Fry w/Veg	Turkey Macaroni	Italian Sausage	Roast Turkey.
Au Gratin Potatoes	Gravy.	Macaroni Salad	Rice	Casserole	w/Peppers & Onions	Oven Stuffing
Broccoli Florets	Rice	Confettie Coleslaw	Dinner Roll/Bread	Sliced Carrots	Egg Noodles	Green Beans
Seedless	Mixed Vegetables	Chocolate Brownie	Fresh Fruit	Garlic Bread	Italian Vegetable	Dinner Roll/Bread
Watermelon	Yellow Cake w/White	Milk	Milk	Oatmeal Cream	Blend	Apple Pie
Milk	Frosting.	Hot Coffee	Hot Coffee	Cookie	Dinner Roll/Bread	Milk
Hot Coffee	Milk			Milk	Spiced Peaches	Hot Coffee
	Hot Coffee			Hot Coffee	Milk	
					Hot Coffee	



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Scrambled Eggs	Banana	Pancakes	Cheesy Scrambled	Coffee Cake	Banana	Chilled Peaches
Biscuit	Western Scrambled	Sausage Patty	Eggs	Scrambled Eggs	French Toast	Bacon Frittata
Milk	Eggs	Milk	Milk	Milk	Bacon	Milk
Hot Coffee	Toast.	Hot Coffee	Hot Coffee	Hot Coffee	Milk	Hot Coffee
Oatmeal	Milk	Oatmeal	Cream of Wheat	Oatmeal	Hot Coffee	Hashbrown
	Hot Coffee		Cereal		Cream of Wheat	Oatmeal
	Cream of Wheat		Hashbrown		Cereal	
	Cereal					

Lunch:Regular/Liberalized

Crispy Baked	Navy Bean Soup	Chicken & Rice	Minestrone Soup	LS Chicken Noodle	Corn Chowder Soup	Grilled Ham &
Chicken	Crab Cakes	Soup	Pasta with	Soup	Butter Crumb	Cheese Sandwich
Chocolate Ice	Poke Cake	Baked Pollock Fish	Meatsauce	Sloppy Joe on a Bun	Pollock Fish Fillet	Milk
Cream	Milk	Fillet	Chilled Peaches	Apple Crisp	Strawberry Ice	Hot Coffee
Milk	Hot Coffee	Chilled Pears	Milk	Milk	Cream	Cheesy Mashed
Hot Coffee	Rice	Milk	Hot Coffee	Hot Coffee	Milk	Potatoes
Au Gratin Potatoes	Sauteed Asparagus	Hot Coffee	Prince Edward blend	Roasted Red Skin	Hot Coffee	Buttered Carrots
Glazed Carrots	Cuts	Butter Herbed		Potatoes	Parslied Orzo	Fruit Cocktail
		Penne		Sliced Carrots	French Green Beans	
		Italian Blend				
		Vegetables				

Dinner:Regular/Liberalized

Italian Cheese Sub	Eggplant Parmesan	Hamburger on a Bun	Hot Dog on a Bun	Baked Ziti w/	Chicken Salad on	Chicken Parmesan
Sandwich	Italian Green Beans	Tator Tots	Baked Beans	Cheese	Croissant.	Penne Pasta
Macaroni Salad	Garlic Bread	Tossed Salad	Sauerkraut	Mixed Vegetables	Potato Salad	Italian Vegetable
Creamy Coleslaw	Mandarin Oranges	w/Dressing	Lemon Meringue Pie	Fruit Cocktail	Tossed Salad	Blend
Fresh Fruit	Milk	Snickerdoodle	Milk	Milk	w/Dressing	Butterscotch
Milk	Hot Coffee	Milk	Hot Coffee	Hot Coffee	Fresh Fruit	Pudding
Hot Coffee		Hot Coffee			Milk	Milk
					Hot Coffee	Hot Coffee

